Describing Food

• **Objective:** Students will be able to effectively use adjectives to describe food. Students will analyze the use of and identify descriptive language on a menu. Students will create and share their own menu items.

**Question(s) of the Day: (page 2)**

- What is your favorite dish (meal, entrée, food)?
- What are some of the ingredients in your favorite dish?
- How is your favorite dish prepared (made, cooked)?
- How does your favorite food taste?
For now, we are going to put the Question of the Day on the back burner.

First, we are going to first take a look at ways that we can describe food. When you are describing something you are using descriptive language.

What part of speech is used most when we describe something?

WE USE ADJECTIVES TO “SPICE UP” NOUNS.

roll

↓

buttery roll

↓

hot, buttery roll baked golden brown and fresh from the oven
Describing Food

First, what is it?
Sample: Fish Tacos (tortillas, tilapia, avocado, lettuce)

Second, how can you describe it?
• Taste
  • mouth-watering, spicy

• Texture/Consistency
  • soft, tender, crisp

• Preparation
  • grilled

• Temperature
  • hot
Describing Food

• In one minute, share and list as a group as many words as you can think of to describe the following pictures.
• One person should write down all of the group’s words.
• How many words can you come up with?

Example:

grilled

spicy

fish

lime

salsa

tortilla
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Describing Food

On a menu:

• What is the purpose of describing food?
  1. So you know what you are ordering.
  2. To make you want to order the food ($$$$).

• How is food described?
  1. Positively
  2. Briefly
Read one of the menu items:

- 1’s: BBQ Chicken Flatbread Pizza (APPETIZERS)
- 2’s: Spicy Jack Stuffed Burger (BURGERS)
- 3’s: Firehouse Chicken (ENTREES)
- 4’s: Ultimate Ham & Cheese (SANDWICHES)

What are the key ingredients? (underline)
What words are used to describe the food? (circle)
Be prepared to read the description, share the underlined words, and share the circled words with the class.

Sample:  **CHICKEN STRIPS**  Hand breaded chicken tenders lightly battered in our seasoned flour and fried to a golden brown.
BBQ Chicken Flatbread Pizza
• Smoky BBQ marinara sauce topped with sharp cheddar cheese, grilled chicken, bacon and red onion on a baked flatbread.

Spicy Jack Stuffed Burger
• Jalapenos, pepper jack and cheddar cheese melted in the middle and topped with fresh slices of avocado, corn salsa and cilantro ranch dressing.

Firehouse Chicken
• Two BBQ chicken breasts topped with crisp, smoked bacon and melted sharp cheddar cheese. Served with seasoned green beans and Yukon Gold mashed potatoes.

Ultimate Ham & Cheese
• Melted swiss and cheddar cheese over sliced ham, crisp bacon, grilled granny smith apples and Dijon mayonnaise served on grilled sourdough.
Menu Activity

Part I:
• Using what you wrote for the Question of the Day and the menu as an example, write a brief description of your favorite entrée.

Sample:  
*Fish Tacos*  
*By: Katy*

*Mouth-watering soft tortillas filled with grilled tilapia, avocado, crisp lettuce, and savory lime sauce.*

• Exchange your entrée description with a partner in your group.
  – What is the name of the dish/What is the dish called?
  – Did they describe the dish?
  – Did they use adjectives to “spice up” the description?
  – Does the description make you want to order the dish? If not, do you have suggestions?

• Make changes to your description as needed.
Menu Activity

Part II:
• Using each person’s favorite dish, work together to create a list of ‘Today’s Specials’ for your restaurant.
• Each person will write in and share his/her dish and description.
• As a group, come up with a name for your restaurant.

Part III:
• Present your restaurant and entrées to the class.
Menu Presentations

• Presenting Group/Restaurant
  – SHARE your restaurant name and each person will READ his/her entrée.

• Audience/Customers
  – LISTEN for the name of the restaurant and the entrees/entrée descriptions.
  – THINK about what you would like to order.
NEXT WEEK

• Final Class
• If you have attended every class, you will receive your certificate.
• If you would like to, feel free to bring your favorite dish to share with the class. I will provide plates and utensils (knives, forks, spoons). Please let me know if you plan on bringing something.